



Certificate of Analysis

Powered by Confident Cannabis
1 of 8

Uplift Health and Wellness LLC

1975 3rd Ave South Suite A
St. Petersburg, FL 33712

Sample: 2301CH0286.1347

Strain: Dynamite Cookies
Batch#: 1; Batch Size: 9790 g
Sample Received: 02/20/2023; Report Created: 02/25/2023
Harvest/Production Date: 12/05/2022
Sampling: Random; Environment: Room Temp

Dynamite Cookies Pre Roll



Pass

Pesticides

Moisture **10.0%**
Water Activity **0.45**
0.655 Limit

Microbial Potential

Cannabinoids

Pass

819 HPLC6 20230121-2
02/21/2023 | METRC THC RPD Status: Not Tested : METRC CBD RPD Status: Not Tested

28.55%

Total THC* (Calculated
Decarboxylated Potential)

0.06%

Total CBD** (Calculated
Decarboxylated Potential)

Analyte	LOQ	Mass	Mass
	mg/g	%	mg/g
THCa	0.4	31.22	312.2
Δ9-THC	0.4	0.12	1.2
Δ8-THC	0.4	<LOQ	<LOQ
THCV	0.4	<LOQ	<LOQ
CBDa	0.4	0.07	0.7
CBD	0.4	<LOQ	<LOQ
CBDV	0.4	<LOQ	<LOQ
CBN	0.4	<LOQ	<LOQ
CBGa	0.4	2.93	29.3
CBG	0.4	0.19	1.9
CBC	0.4	<LOQ	<LOQ
Total		34.53	345.3

34.53%

Total Cannabinoids Analyzed

Method: CH SOP 4400
*Total THC = THCa * 0.877 + d9-THC. **Total CBD = CBDa * 0.877 + CBD. LOQ = Limit of Quantification; NR = Not Reported; ND = Not Detected
>ULOQ = above upper LOQ. ChemHistory estimates its internal laboratory uncertainty acceptance limits to be 7% for sample cannabinoid potency results.



5691 SE International Way
Portland, OR
(503) 305-5252
http://chemhistory.com
Lic# OLCC 010-1002015CA5E ORELAP 4057

Patrick Trujillo
Laboratory Director

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Dynamite Cookies Pre Roll



Pesticides

Pass

931LCQQQ4 20230121-1

Analyte	LOQ	Limit	Mass	Status	Analyte	LOQ	Limit	Mass	Status
	PPB	PPB	PPB			PPB	PPB	PPB	
Abamectin	400	500	<LOQ	Pass	Imazalil	100	200	<LOQ	Pass
Acephate	100	400	<LOQ	Pass	Imidacloprid	100	400	<LOQ	Pass
Acequinocyl	400	2000	<LOQ	Pass	Kresoxim Methyl	100	400	<LOQ	Pass
Acetamiprid	100	200	<LOQ	Pass	Malathion	100	200	<LOQ	Pass
Aldicarb	200	400	<LOQ	Pass	Metalaxyl	100	200	<LOQ	Pass
Azoxystrobin	100	200	<LOQ	Pass	Methiocarb	100	200	<LOQ	Pass
Bifenazate	100	200	<LOQ	Pass	Methomyl	100	400	<LOQ	Pass
Bifenthrin	100	200	<LOQ	Pass	Methyl Parathion	100	200	<LOQ	Pass
Boscalid	200	400	<LOQ	Pass	MGK-264	100	200	<LOQ	Pass
Carbaryl	100	200	<LOQ	Pass	Myclobutanil	100	200	<LOQ	Pass
Carbofuran	100	200	<LOQ	Pass	Naled	100	500	<LOQ	Pass
Chlorantranilprole	100	200	<LOQ	Pass	Oxamyl	100	1000	<LOQ	Pass
Chlorfenapyr	400	1000	<LOQ	Pass	Paclobutrazol	100	400	<LOQ	Pass
Chlorpyrifos	100	200	<LOQ	Pass	Permethrins	100	200	<LOQ	Pass
Clofentezine	100	200	<LOQ	Pass	Phosmet	100	200	<LOQ	Pass
Cyfluthrin	400	1000	<LOQ	Pass	Piperonyl Butoxide	100	2000	<LOQ	Pass
Cypermethrin	400	1000	<LOQ	Pass	Prallethrin	100	200	<LOQ	Pass
Daminozide	400	1000	<LOQ	Pass	Propiconazole	200	400	<LOQ	Pass
Diazinon	100	200	<LOQ	Pass	Propoxur	100	200	<LOQ	Pass
Dichlorvos	200	1000	<LOQ	Pass	Pyrethrins	200	1000	<LOQ	Pass
Dimethoate	100	200	<LOQ	Pass	Pyridaben	100	200	<LOQ	Pass
Ethoprophos	100	200	<LOQ	Pass	Spinosad	100	200	<LOQ	Pass
Etofenprox	200	400	<LOQ	Pass	Spiromesifen	100	200	<LOQ	Pass
Etoxazole	100	200	<LOQ	Pass	Spirotetramat	100	200	<LOQ	Pass
Fenoxycarb	100	200	<LOQ	Pass	Spiroxamine	100	400	<LOQ	Pass
Fenpyroximate	200	400	<LOQ	Pass	Tebuconazole	100	400	<LOQ	Pass
Fipronil	100	400	<LOQ	Pass	Thiacloprid	100	200	<LOQ	Pass
Fonicamid	200	1000	<LOQ	Pass	Thiamethoxam	100	200	<LOQ	Pass
Fludioxonil	200	400	<LOQ	Pass	Trifloxystrobin	100	200	<LOQ	Pass
Hexythiazox	200	1000	<LOQ	Pass					

Method: Modified AOAC 2007.01, Triple Quad analysis; LOQ = Limit of Quantification; PPB = Parts Per Billion; ND = Not Detected; NR = Not Reported; ORELAP ID 4057. ChemHistory estimates its internal laboratory uncertainty acceptance limits to be 7% for sample pesticide results.



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Laboratory Director

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support@confidentcannabis.com
(866) 506-5866
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Dynamite Cookies Pre Roll



Terpenes

626 GCFID2 20230121-2 02/21/2023

Analyte	Mass %	Mass mg/g	LOQ %	Analyte	Mass %	Mass mg/g	LOQ %
cis-Phytol	<LOQ	<LOQ	0.02	y-Terpinene	<LOQ	<LOQ	0.02
Valencene	0.04	0.4	0.02	Anisole	<LOQ	<LOQ	0.02
Sabinene	<LOQ	<LOQ	0.02	Fenchone	<LOQ	<LOQ	0.02
Ocimene 1	<LOQ	<LOQ	0.02	Isoborneol	<LOQ	<LOQ	0.02
Geraniol	<LOQ	<LOQ	0.02	δ-Limonene	0.29	2.9	0.02
Neral	<LOQ	<LOQ	0.02	Ocimene 2	0.12	1.2	0.02
α-Humulene	0.07	0.7	0.02	Camphene	<LOQ	<LOQ	0.02
α-Terpinene	<LOQ	<LOQ	0.02	α-Phellandrene	0.18	1.8	0.02
trans-Phytol	<LOQ	<LOQ	0.02	γ-Terpeneol	<LOQ	<LOQ	0.02
Caryophyllene Oxide	<LOQ	<LOQ	0.02	Geranyl Acetate	<LOQ	<LOQ	0.02
(-)-β-Pinene	0.16	1.6	0.02	β-Caryophyllene	0.21	2.1	0.02
α-Pinene	0.09	0.9	0.02	Sabinene Hydrate	<LOQ	<LOQ	0.02
Camphor	<LOQ	<LOQ	0.02	Nerol	<LOQ	<LOQ	0.02
(-)-α-Bisabolol	0.05	0.5	0.02	trans-Nerolidol	<LOQ	<LOQ	0.02
α-Cedrene	<LOQ	<LOQ	0.02	Borneol	<LOQ	<LOQ	0.02
Terpinolene	0.71	7.1	0.02	Hexahydro Thymol	<LOQ	<LOQ	0.02
Endo-Fenchyl Alcohol	0.03	0.3	0.02	Squalene	<LOQ	<LOQ	0.02
p-Isopropyltoluene	<LOQ	<LOQ	0.02	δ-3-Carene	0.04	0.4	0.02
Azulene	<LOQ	<LOQ	0.02	Eucalyptol	<LOQ	<LOQ	0.02
α-Terpineol	0.05	0.5	0.02	Eugenol	<LOQ	<LOQ	0.02
Cedrol	<LOQ	<LOQ	0.02	(-)-Isopulegol	<LOQ	<LOQ	0.02
Citral	<LOQ	<LOQ	0.02	Pulegone	<LOQ	<LOQ	0.02
(-)-Guaiaol	<LOQ	<LOQ	0.02	cis-Nerolidol	0.15	1.5	0.02
Linalool	0.07	0.7	0.02	β-Farnesene	0.07	0.7	0.02
Neryl Acetate	<LOQ	<LOQ	0.02	cis-β-Farnesene	0.14	1.4	0.02
β-Myrcene	0.26	2.6	0.02	α-Farnesene	0.16	1.6	0.02

Primary Aromas

2.89%					
Total Terpenes	Turpentine	Lemon	Hops	Cinnamon	Mint

Method: GC-FID CH SOP 4401: based on dry weight; LOQ = Limit of Quantification; NR = Not Reported; ND = Not Detected



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Dynamite Cookies Pre Roll



Water Activity

Pass

02/23/2023

0.4474 aw
0.655 Limit
Water Activity



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Mycotoxins

Pass

Analyte	LOQ	Limit	Units	Status
	PPB	PPB	PPB	
B1	10.00		<LOQ	Tested
B2	10.00		<LOQ	Tested
G1	10.00		<LOQ	Tested
G2	10.00		<LOQ	Tested
Ochratoxin A	10.00	20.00	<LOQ	Pass
Total Aflatoxins	10.00	20.00	<LOQ	Pass

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Dynamite Cookies Pre Roll



Quality Control Data

Analytical Batch ID	QC Sample ID	Assay Name	QC Category Name
819 HPLC6 20230121-2	PMB01202301F	Cannabinoids	Sample Duplicate

QC Notes

None

Compound	Blank	LCS Result	LCS (Expected)	LOQ	Matrix Duplicate	Sample Matrix	Matrix Spike % Rec.	LCS % Rec.	Acceptance Criteria	Units
THCa	0	11.57	11.12	0.04	28.44	27.9	100.255	104.047	90%-110%	%
Δ9-THC	0	4.01	3.98	0.04	0.6	0.58	102.253	100.754	90%-110%	%
CBDa	0	2.84	2.79	0.04	0.07	0.08	101.205	101.792	90%-110%	%
CBD	0	2.6	2.57	0.04	0	0	102.439	101.167	90%-110%	%
Δ8-THC	0	0.04	0.02	0.04	0.01	0.02	97.872	200	90%-110%	%

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Quality Control Data

Analytical Batch ID	QC Sample ID	Assay Name	QC Category Name
931 LCQQQ4 20230121-1	MRMB01202301F	Required Pesticides	Sample Duplicate

QC Notes

None

Compound	Blank Result	LCS Result	Matrix Spike Result	Matrix Spike Duplicate Result	Matrix Result	Expected LCS	Units	Acceptance Criteria
Acephate	0	11164	12980	13441	0	10269	PPB	60%-120%
Acequinocyl	0	9568	13496	14271	0	9387	PPB	40%-160%
Acetamiprid	0	10936	13084	13547	0	10651	PPB	60%-120%
Aldicarb	0	11356	13509	13698	0	10556	PPB	60%-120%
Abamectin (B1a, B1b)	0	10100	9890	9774	0	9402	PPB	50%-150%
Azoxystrobin	0	10901	12849	13018	0	10643	PPB	60%-120%
Bifenazate	0	11082	13114	13436	0	10792	PPB	60%-120%
Bifenthrin	0	11705	10174	10135	0	10821	PPB	50%-150%
Boscalid	0	10912	12605	13340	0	10673	PPB	60%-120%
Carbaryl	0	11080	13223	13660	0	10768	PPB	60%-120%
Carbofuran	0	11095	13125	13627	0	10675	PPB	60%-120%
Chlorantraniliprole	0	10689	12511	13119	0	11300	PPB	60%-120%
Chlorfenapyr	0	10668	12429	13724	0	10487	PPB	60%-120%
Chlorpyrifos	0	10995	12997	13350	0	10258	PPB	60%-120%
Clofentezine	0	10016	10457	10772	0	9935	PPB	60%-120%
Cyfluthrin	0	11017	11854	11698	0	10386	PPB	50%-150%
Cypermethrin	0	10600	12563	12787	0	9940	PPB	50%-150%
Daminozide	0	10196	10624	11065	0	9936	PPB	60%-120%
Diazinon	0	10699	12352	12487	0	10028	PPB	60%-120%
Dichlorvos	0	11206	13701	14132	0	10631	PPB	60%-120%
Dimethoate	0	11390	13730	14115	0	10483	PPB	60%-120%
Ethoprophos	0	10633	12836	12990	0	10199	PPB	60%-120%
Etofenprox	0	11221	13264	13408	0	10523	PPB	50%-150%
Etoxazole	0	10122	11818	12195	0	9769	PPB	60%-120%
Fenoxycarb	0	10995	12478	12766	0	10478	PPB	60%-120%
Fenpyroximate	0	10074	10835	10897	0	9665	PPB	60%-120%
Fipronil	0	11202	13853	14000	0	10894	PPB	60%-120%
Fonicamid	0	11354	13493	13917	0	10700	PPB	60%-120%
Fludioxonil	0	11257	12330	12651	0	11205	PPB	50%-150%
Hexythiazox	0	10463	12258	12578	0	10136	PPB	60%-120%

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Quality Control Data

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931 LCQQQ4 20230121-1	MRRMB01202301F	Required Pesticides	Sample Duplicate

QC Notes

None

Compound	Blank Result	LCS Result	Matrix Spike Result	Matrix Spike Duplicate Result	Matrix Result	Expected LCS	Units	Acceptance Criteria
Imazalil	0	8624	9278	9703	0	9643	PPB	60%-120%
Imidacloprid	0	11348	12510	13165	0	10623	PPB	60%-120%
Kresoxim-methyl	0	10703	10563	10766	0	10595	PPB	60%-120%
Malathion	0	11297	13244	13714	0	10569	PPB	60%-120%
Metalaxyl	0	10807	12810	13207	0	10384	PPB	60%-120%
Methiocarb	0	10996	13320	13710	0	10737	PPB	60%-120%
Methomyl	0	11304	13286	13627	0	10504	PPB	60%-120%
Methyl-Parathion	0	11679	14120	15213	0	11186	PPB	50%-150%
MGK-264	0	10199	11679	11991	0	10397	PPB	50%-150%
Myclobutanil	0	10723	12469	12800	0	10166	PPB	60%-120%
Naled	0	11142	12788	13398	0	10576	PPB	50%-150%
Oxamyl	0	11390	13297	13580	0	10487	PPB	60%-120%
Paclbutrazol	0	10661	13079	13287	0	10265	PPB	60%-120%
Permethrin	0	11390	12023	11986	0	10817	PPB	50%-150%
Phosmet	0	11328	13543	13684	0	10768	PPB	50%-150%
Piperonyl Butoxide	0	10634	15546	15939	0	10243	PPB	60%-120%
Prallethrin	0	10618	10785	11105	0	9876	PPB	60%-120%
Propiconazole	0	10260	11367	11554	0	9635	PPB	60%-120%
Propoxur	0	10991	13275	13713	0	10623	PPB	60%-120%
Pyrethrins (Pyrethrin I)	0	4804	4957	5370	0	5261	PPB	60%-120%
Pyridaben	0	10420	9659	9819	0	9844	PPB	50%-150%
Spinosad (A&D)	0	6569	6976	6757	0	8400	PPB	50%-150%
Spiromesifen	0	10177	11961	13065	0	10390	PPB	60%-120%
Spirotetramat	0	11004	12050	12510	0	10079	PPB	60%-120%
Spiroxamine	0	6048	6737	6701	0	8203	PPB	60%-120%
Tebuconazole	0	10237	12157	12538	0	9901	PPB	60%-120%
Thiacloprid	0	11266	13262	13727	0	10634	PPB	60%-120%
Thiamethoxam	0	11252	13142	13689	0	10565	PPB	60%-120%
Trifloxystrobin	0	10870	11946	12218	0	10544	PPB	60%-120%

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